



Integrative Support

At Reproclinic, the well-being of our patients - both physiological and psychological - is of utmost importance. For this reason, we offer complementary support to accompany you throughout your fertility journey.



Fertility Coaching

Anyone who wishes to devote some time and space to themselves can benefit from **psychological support**.

Counseling in assisted reproduction processes is important for those who feel **emotionally overwhelmed**, for those who have doubts or fears related to the process, and for those who need resources to know how to approach their situation.





Nutrition

Eating right, while maintaining a healthy weight and lifestyle, and **improving your habits**, can bring both short and long-term benefits, not only for your overall health, but also for your reproductive health

Nutritional counseling during your fertility treatment can help you **detect any nutritional deficiencies**, increase your chances of pregnancy, while taking care of and preparing your body to **be as healthy as possible** during your pregnancy, and improve your overall health.

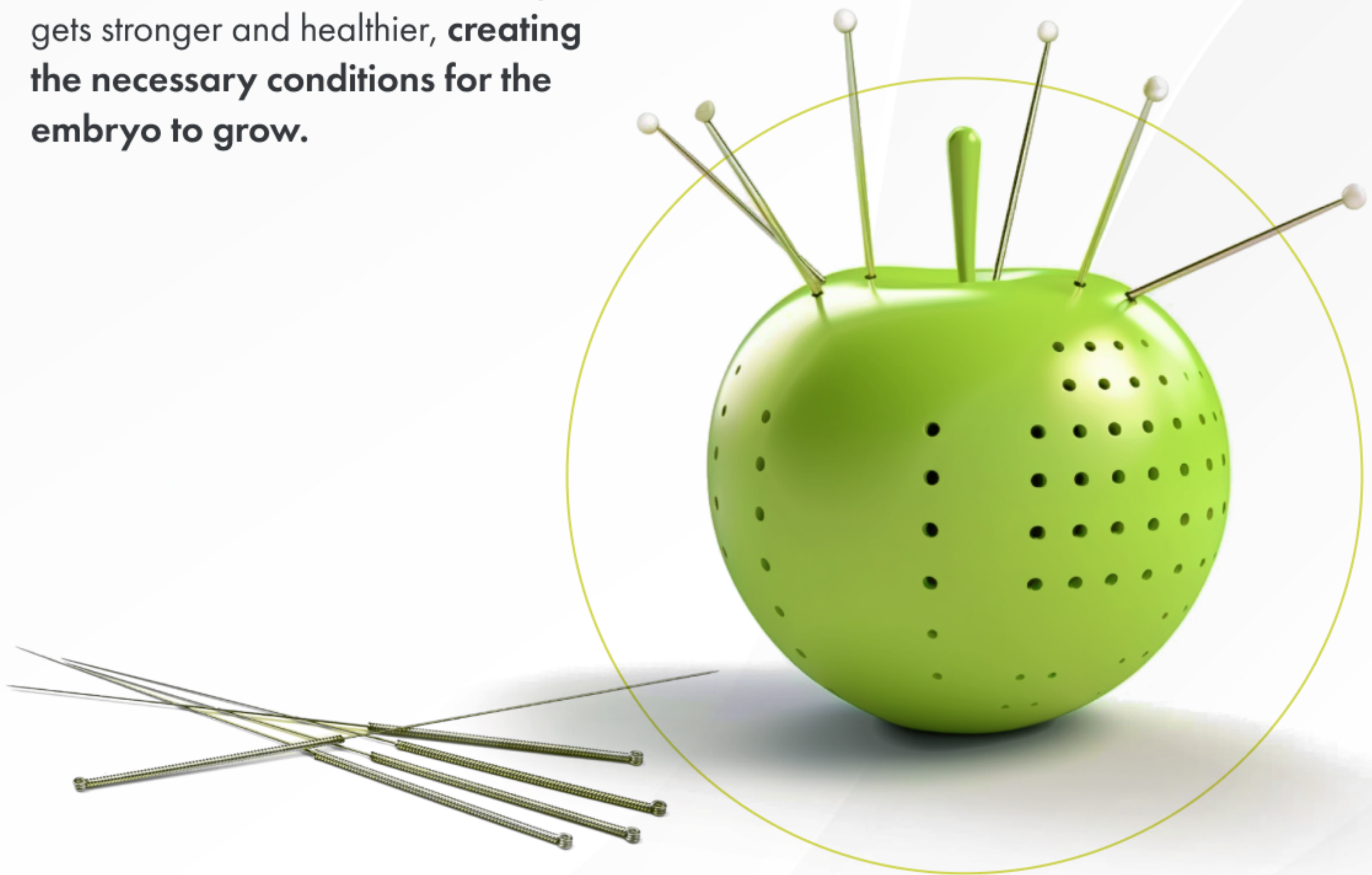




Acupuncture

Acupuncture can improve your chances of **getting pregnant**. As it promotes a decline in ovarian reserve markers and blood flow toward the uterus, the uterine lining gets stronger and healthier, **creating the necessary conditions for the embryo to grow**.

In addition, acupuncture regulates the menstrual cycle and the reproductive hormone levels.





Reflexology

Reflexology is a non-invasive, complementary health therapy that is effective in promoting **deep relaxation** and overall wellness, as well as helping the body to restore its balance naturally.

In women, it **regulates menstrual cycles** and ensures that each stage runs as smoothly as possible.

In men, it seeks to **improve sperm production** and functionality.



The background features a large, thick blue arc that curves from the bottom left towards the right. Scattered around this arc are several blue spheres of varying sizes, some of which have a textured, almost crystalline appearance. The overall color palette is light blue and white, giving it a clean, scientific feel.

Contact details

C/ del Comte d'Urgell, 46, 08011
Barcelona, Spain

✉ reproclinic@reproclinic.com

☎ +34 60 225 31 52 | ☎ +34 655 23 34